

What do you give with your donation?

- a goat
- opportunities for a girl in Uganda
- development of the community in Uganda

What do you get for your donation?

- you can give a **name** to the goat; the name giving is symbolic and represents solidarity with the project
- a **certificate** as a proof of your donation, that will be sent to you by e-mail

Register your goat at www.adopteereengeit.nl or complete en send the card below with relevant information to: Stichting Adopteer een Geit, Morelstraat 129, 2564 XD Den Haag, The Netherlands. When you fill in your email address, we can keep you informed about the progress of the goat project and we are able to send you a certificate.



adopt a goat

Goal

The goal of Adopt a Goat is to offer single teen-age mothers in Uganda a future perspective by stimulating their development and looking for possibilities to help them return to school.

For the amount of € 40,- you can change the life of a Ugandan teenage girl in need.



A goat...

Each girl receives her own female goat, she is responsible for and that provides her with milk. When the goat produces her first female baby goat, she has to give it back to the project and the baby goat will be given out to a new girl. After that, the girl can have the newborn goats to keep or sell.

... for a girl

Single teenage mothers with a baby have little chance to build up an independent life and to look after themselves. Because they have a baby they are not allowed to stay in school, making their development and education much more difficult. Sometimes they are no longer welcome at home with their parents, because they disapprove that a girl is unmarried and pregnant.

Yes, I want to support the Adopt a Goat project.

Name

Place

E-mail address

I want to adopt a goat (€ 40,-)

Number of goats

Name of the goat(s)

Transfer the money to bank account **427 2479** of Stichting Adopteer een Geit, Den Haag, The Netherlands. *Mention;* name of the goat (**IBAN:** NL33PSTB0004272479, **BIC:** PSTBNL21)

Group

The goats project is a way to bring the girls together in groups of approximately 15 teenage mothers. The new participants can learn from the girls that have been a member of the group. In these groups the girls get information on subjects including sexuality, HIV/AIDS, pregnancy and hygiene.



Back to school

One of the activities is to visit the girls as well as their parents and discuss the possibility to have the girl back in school. Because of this effort, many girls have gone back to school and some of them have even continued at university level.

Tailoring

A number of girls attend the tailoring classes. With these classes, they can learn skills to start up their own business in repairing or producing cloths.

Income generating projects

A group of teenage girls initiates income generating projects. Each of the girls provides a small amount of money to be able to invest as a group in project such as tomatoes, coffee, or a community drug store. When a group shows a lot of efforts, they are reinforced with for instance new seeds or tools that can help in the business.

The drug store

Ten teenage mothers in Nakawa, a remote village in the Mountains, have initiated a drug store in their community. The store is located in a small building that is provided for free by the village leaders. They started by each providing 6.000 Uganda Shillings, making a total amount of 60.000 (approximately 30 euros). The group volunteer, who is medically trained, travels to a nearby city a few times a month. There he buys medicines, mainly painkillers and malaria prophylaxis. Three of four times a month they have a profit of 20.000 Uganda Shillings. Part of this is divided among the teenage girls, and part of it is used to buy new medicines. This means that the girls can earn some money for themselves and their children, and the community members do not have to travel a long way to buy their medicines.



Adopteer een Geit Foundation

In the year 2000 the first goats were donated to the project. Since then we are connected with and support the community based organizations ARDI and UWCM in Uganda. They are responsible for carrying out all the activities.

In the Netherlands a number of volunteers are involved in the foundation. We try to make as little expenses in the Netherlands as possible. Adopteer een Geit Foundation is registered at the Dutch Chamber of Commerce.

Look at our website for more information: www.adopteereengeit.nl